

National Updates

Come Join our Team

National Technical Programme Manager Age Friendly Ireland

Meath County Council wishes to recruit a National Technical Programme Manager for the Age Friendly shared service, who will report to the Chief Officer of Age Friendly Ireland National Shared Service. The post is analogous to that of Senior Executive Engineer.

Closing Date for Application 20th July 2023

More at:

https://www.publicjobs.ie/en/index.php?option=com_jobsearch&view=jobdetails&Itemid=263&cid=176787&campaignId=23308309



Sláintecare.



Healthy Age Friendly
Homes Programme



Healthy Age Friendly Homes

Mary Carey from HAFH attended Longford Agricultural Show on Sunday July 2nd 2023.



Above Mary is pictured with Cllr Colm Murray, Chairman of Longford County Council. Councillor Murray is a great supporter of the Healthy Age Friendly Programme.



Longford County Council Community Section had a great presence at the show and showcased a large number of programmes currently being hosted such as: - Healthy Age Friendly Homes, Community Safety Partnership, Healthy Communities and the importance of being registered to vote to name but a few.

The event was an enormous success with a huge turnout on the day and the engagement with the public was fantastic.

Mary is pictured here with Patrick Jones, Resource Officer for Suicide Prevention, Longford / Westmeath, HSE.

If you would like more information on the Healthy Age Friendly Programme you can visit <https://agefriendlyireland.ie/category/healthy-age-friendly-homes-programme/introduction/> or phone our national office at **046 9248817 / 046 9248825**

HSE Talking Health and Wellbeing



Parents Matter

Episode #20 - Talking Health & Wellbeing



'I like thinking about adolescents as apprentice adults'

- Prof. Bobby Smyth



In this episode, we speak to Professor Bobby Smyth, Consultant Child and Adolescent Psychiatrist, on the role of parents in the area of substance prevention and education, as part of an ongoing campaign 'Parents Matter' to promote information about substances and how to engage children and young people on this matter. Families have the potential to act as a major protective force in the lives of children and adolescents. Mutually supportive family relationships generally influence the prevention of substance use among young people.

Listen [HERE](#)



IFA VoltAGE

Special Announcement | Mr. Graeme Prior, President of the IFA announces the departure of Dr. Jane Barratt as Secretary General. It has been a great honour and privilege to have Dr. Barratt as the Secretary General of the IFA for 20 years. IFA thanks Dr. Barratt for making the organization what it is today and for the impact IFA has had, working with thousands of outstanding people, groups, and networks to advance the cause of healthy ageing.

Age Friendly Ireland are very proud and privileged to have worked with Dr. Jane Barratt since beginning the Age Friendly movement in Ireland well over a decade ago, her knowledge of the ageing sector and support to Age Friendly Ireland over the years has been inspirational and we would like to take this opportunity to wish her well in all her future endeavours. Go raibh maith agat Jane agus sláinte mhaith duit!

Key takeaways -

- The IFA President, Mr. Graeme Prior, at the recent IFAs 16th Global Conference on Ageing in Bangkok, Thailand, announced the departure of the Secretary General, Dr. Jane Barratt, from the International Federation on Ageing.
- Together with her husband and colleague, Greg Shaw, they have worked tirelessly with a small and mighty team to build the IFA into one of the foremost ageing organizations in the world.
- Dr. Jane Barratt will be starting a leadership transition process over the next six months.





Clúid launch their Annual Report 2022 - Connecting Communities



In what has been a busy year, filled with many successes and challenges, we delivered our 10,000th home and supported over 26,800 residents across Ireland. This is a major milestone for all at Clúid. We delivered 1,251 new homes into management, supporting 4,054 residents to settle into their new homes and communities. Our dedicated team continues to work in collaboration with our colleagues in local and national government, state bodies, finance, industry, and community partners to contribute to delivering the targets set out in Housing for All.

Our Resident Advisory Groups are more active than ever, sharing their voice and shaping the policies and processes that impact on their lives. Our commitment to Diversity, Equity, Belonging, and Inclusion (DEBI) continues. Clúid offers training initiatives and promotes regular events, for both staff and residents, contributing to an inclusive Ireland.

Sustainable development remains a core objective. Our retrofit programme is well underway with a total of 1,417 homes retrofitted to a minimum B-rated BER. Our Greening Strategy continues to deliver results. We are currently working on several exciting developments. These include partnering with EnergyCloud to redirect excess renewable energy to tackle energy poverty and, through our Landscape Designer, working to improve local biodiversity in neighbourhoods across Ireland.

[Read the Report](#)



Catch up on presentations from the International Symposium on Integrated Health and Care System for Older People: China Insights

In China, there were 280 million people aged 60 and above at the end of 2022, accounting for 19.8 percent of the entire population. The figure is expected to exceed 300 million by 2025, and 400 million by around 2035. The incidence of chronic disease and disability for the elderly is astonishingly high. Among the 267 million people aged 60 and over in 2021, there were about 190 million individuals who have at least one chronic disease and 40 million living with disability.

In response to the complex needs and drawing from international experiences, China has adopted active and healthy ageing and integrating health and care strategies as policy priorities in coping with population ageing in the past decade. Progress has been made while challenges remain.

In this first "China Insights" symposium jointly sponsored by Peking Union Medical College (PUMC) of China and International Foundation for Integrated Care (IFIC), over 1000 delegates joined the session to learn from Chinese and international experts on policy progress and practice models of care integration in China as well as global experiences and lessons learned.

Topics covered in the symposium included:

- Global evolving trends and lessons learned of health and care integration.
- China's Policy evolution and progress made in the health and care integration
- WHO ICOPE demonstration in China
- Diverse models of integrated care in China driven by municipal government, healthcare system consortium and long-term extended care facility.
- China's long-term care insurance in the promotion of care integration
- Digital and technological innovations in the advancement of care integration in China.

[Access the Recordings](#)



Rialtas na hÉireann
Government of Ireland



Rialtas na hÉireann
Government of Ireland

Climate Jargon Buster

An A-Z plain English guide
to climate action terms



Climate Jargon Buster Document

This document was developed by Dept. of An Taoiseach in partnership with Comhairle na nÓg, Environmental Protection Agency (EPA) and the National Adult Literacy Agency (NALA).

Climate Jargon Buster is an A – Z plain English guide to climate jargon which helps explain common climate action terms. The explanations are designed to help describe ideas and concepts rather than to give strict scientific definitions.

See full document [HERE](#)



comhairle chontae na mí
meath county council





Healthy Ageing and WellBeing Day

Longford groups enjoy excellent Healthy Ageing and WellBeing Day event in Granard Longford Leader | Live reporter

Rath Mhuire & Dolmen Community Resource Services, Granard, played host to an excellent Healthy Ageing and WellBeing Day event last month.

Rath Mhuire & Dolmen Community Resource Services is an organisation that has been providing support and services to communities and particularly older people, in the North Longford area for almost forty years.



As healthy ageing has many dimensions, the physical, mental, emotional and social, supporting and caring for them as individuals and communities make our daily lives and the places we live, better for us all as we grow older. In this context, the day was focused on providing a wide range of information and raising awareness of the many ways we can feel well and live in healthy environments.

The event was opened by Fr Simon Cadam and presentations were made by Kitty Hughes, Chairperson, Age Friendly Longford; Rosemary Gaynor, Granard Librarian; Marina Moorhead, Co. Longford Liaison Nurse for Public Health; Cathaoirleach of Longford County Council Turlough McGovern. A very special poetry and music piece was produced by Sr Maeve, Levka, Sophie, Leah and Daniel from Cnoc Mhuire, Granard and was one of the highlights of the day. A lovely lunch was provided by Eilish and her team at Dial A Chef. The event was a huge success with over 100 people in attendance.

Special thanks is due to all the staff at Rath Mhuire, Pamela, Marie, Celine, Hugh and Jackie for organising such a successful event and continuing to serve the people in North Longford.

Invitation to all on behalf of our organisation to attend our upcoming 50th Anniversary Celebration Day for Senior Citizens Concern, Ramsgrange, Co. Wexford on **23rd July 2023**.



Senior Citizens Concern CLG

50th Anniversary Celebration

You are cordially invited to join us for an Afternoon of Music,

Chat & Refreshments at

St. Louis Day Care Centre Ramsgrange Y34 H283

on Sunday 23rd July 2023 from 2pm to 5pm



Tel: 051 389509 Email: stlouisdycarecentre@gmail.com Website: www.stlouisdycarecentre.ie Facebook: Senior Citizens Concern CLG

Our organisation would be delighted if any of the members would be in a position to join us on this day to celebrate 50 years serving the local community and providing services to include a Day Care Centre, Meals on Wheels, 10 Social Houses and all associated services to the elderly and vulnerable in our community today and over the years.



Getting Your House in Order



The Cavan Age Friendly Programme in conjunction with Irish Hospice Society are hosting a **free** information event to help us plan for all eventualities as we get Older.

This is essential so your family can plan according to your wishes.

Venue: Event Space, Johnston Library, Farnham St, Cavan.

Date: Wednesday 19th July 2023 **Time:** 2pm-4pm

Presentations will be provided on the following topics:

- **Making a Will, Enduring Power of Attorney and Advance Care Planning -** O'Sullivan, Murtagh Solicitors
- **Practical advice on thinking ahead -** Irish Hospice Foundation (IHF)

Registration is Essential

To Register: Email agefriendly@cavancoco.ie or call 049 4378581



FACILITATED BY
**Community
Foundation
Ireland**



Members of Cavan Older Peoples Council who are taking part in the 'Ages & Stages' Drama Project.



Great to see some familiar faces, best of luck and 'break a leg'!!!



Health & Wellbeing Expo 2023

Huge turnout at Clare's 'Health & Wellbeing' Age Expo on Friday 30th June 2023

Clare's Older People's Council supported by Clare County Council's Age Friendly Clare and Healthy Clare programmes hosted a very successful Health and Wellbeing Age Expo at Treacy's West County Ennis on 30th June 2023.



Over 500 people turned out to the Age Expo which showcased the supports and services available in County Clare that are of interest and use to older people. The Mid-West Community Healthcare - Integrated Care Programme Older Persons, Active Ennis, Clare Sports Partnership, Clare Libraries, Local Link, Alzheimer's Society of Ireland and Slainte an Chlair were just some examples of those displaying at the event.

Guest speakers discussed the new 'Healthy Age Friendly Homes' initiative and 'Preparing for a Healthy Retirement'. Attendees also had an opportunity to participate in a singing taster session, Active Ageing classes and attend a cookery demonstration. The Irish Heart Foundation were carrying out FREE health checks during the event too and Chime provided free hearing tests.



The Expo was a platform for Clare's Older People to engage with organisations delivering health and wellbeing supports and services across the County. Attendees were eager to learn more about what's available in the county and to try out taster sessions too throughout the day.

The Clare Age Expo was supported by the Clare Older People's Council and the Department of Health's 'Healthy Ireland Fund'.



Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone.

Please **email us** your news to us at agefriendlyireland@meathcoco.ie before 1pm Thursday for inclusion in our weekly newsletter.

Don't forget, we are on **social media** so why not follow us for all the up to date information on all things Age Friendly happening around the country 😊

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: Age Friendly Ireland

Instagram: agefriendlyireland

International Updates



IFA Global Café | In Conversation with: In conversation Dr. Vivien Brown

ifa Global Café
in conversation with experts

**"UNDERSTANDING RISK
AND EXPLORING THE IMPACT
OF SHINGLES AMONG
OLDER ADULTS."**

14 July 2023
07:00 AM EDT

Dr. Vivien Brown
Assistant Professor, University of Toronto.
Board Member of Immunize Canada

a contribution to the
Decade of healthy ageing

The International Federation on Ageing held a Global Cafe event this morning called: In Conversation with Dr. Vivien Brown on "Understanding risk and exploring the impact of Shingles among older adults."

A recording of this event will be available on the Federation's website <https://ifa.ngo/ifa-global-cafe/> and <https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**

Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday