

National Updates



Join Our Free Online
Age Friendly Business Training



Could you use a few more customers? How about
1 million more...

Did You Know . . . There are three quarters of a million older people (65+), living and shopping in Ireland and this is anticipated to grow to 1.5 million by 2051. Older people account for up to 50% of all consumer spending in the EU. They have the time to shop, they like to shop, and they are loyal customers. They will come back to you again and again if you make the consumer experience comfortable and pleasant for them.



Are you doing everything you can to capture and retain this powerful customer base?

Age Friendly Ireland Business Recognition Programme are now offering a number of open online training dates – not specific to a town or company – which everyone is welcome to attend. Please do tell your colleagues and fellow business owners about the opportunity, we would love to have them on board.

Age Friendly Ireland Business Recognition online training:

Tuesday 13th September from 10am to 12pm

To Register Click on the Zoom link

<https://us02web.zoom.us/j/89209276451?pwd=WHRJQmI2SjJCOGIL3BSQWZ2KzY2Zz09>

Tuesday 11th October from 10am to 12pm

To Register Click on the Zoom link

<https://us02web.zoom.us/j/89472505632?pwd=eVpxbWo5ODdlNkxHQkI5LzBubmcwZz09>



Tallaght
University
Hospital

Ospidéal
Ollscoile
Thamhlachta

An Academic Partner of Trinity College Dublin



Comhairle Contae
Átha Cliath Theas
South Dublin County Council



Age Friendly
SOUTH DUBLIN

Supporting Tallaght University Hospital's (TUH) Integrated Care for Older Persons: Testing an approach to identify the common housing hazards in housing affecting older people in South Dublin

Older People in South Dublin Invited to Take Part in Focus groups

A new research study with Tallaght University Hospital wants to hear from older people in the South Dublin County Council area. Older people are invited to two focus groups for the research that explores links between housing conditions, health and integrated care. Focus groups take place on 14th and 29th September from 9.45am to 1.30 in Tallaght Library. The research is led by TrinityHaus in Trinity College Dublin with Tallaght University Hospital and funded by the Meath Foundation.



Tallaght
University
Hospital

An Academic Partner of Trinity College Dublin

Ospidéal
Ollscoile
Thamhlachta



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



TrinityHaus
www.tcd.ie/trinityhaus

Supporting Tallaght University Hospital's (TUH) Integrated Care for Older Persons: Testing an approach to identify the common housing hazards in housing affecting older people in South Dublin

Thank you for your interest in participating in our research! We would like to invite you to participate in two focus groups, each 2.5 hours long, with the aim to understand the impact of housing on the health of older people in the Tallaght/SDCC area.

As part of your participation, you will also be provided with a diary at the first focus group and asked to keep note of how your housing impacts on your health and wellbeing, as well as any other observations you may have, for two weeks between the first and second focus group.

First focus group: Wednesday 14th September 2022
9:45am – 1:30pm

Second focus group: Thursday 29th September 2022
9:45am – 1:30pm

Both focus groups will take place in Tallaght Library, Library Square, Tallaght, D24 A3EX.

Tea/Coffee will be provided, as well as a light lunch.

Project funded by



The Meath
Foundation

For more information on the focus group please **click below:**

<https://agefriendlyireland.ie/wp-content/uploads/2022/09/Focus-Group-Info-Sheet.pdf>



UCD School of Agriculture and Food Science

University College Dublin Research

Researchers at University College Dublin are exploring farmer mental health on the island of Ireland. If you are an adult who is based in Ireland and currently works on a farm (including occasional farm workers, farm holders, children/ spouses of farm holders, etc.), we want to hear from you!

You are invited to complete our survey and help us better understand factors impacting farmer well-being. Take part here: <https://bit.ly/3rSwbFf>



BusConnects Cork Sustainable Transport Corridors - Community Forum Update

An important update regarding the upcoming Community Forums for the Sustainable Transport Corridors of BusConnects Cork.

Please note, there will be no Community Forum on Monday 12 September 2022 in order to accommodate the monthly meeting of Cork City Council.

The series of Community Forums will now commence on Tuesday 13 September until Monday 19 September 2022. Please see attached the updated timetable, locations and maps for these Community Forums.

Membership of each forum comprises of **TWO** representatives from groups such as - resident and community associations, disability and special interest groups and business organisations on the corridors, along with local public representatives.

As places are limited and to accommodate as many groups as possible, only two representatives per group can be accepted and pre-registration is required as we want to ensure that there is an opportunity for as many different groups to attend as feasible.

Pre-registration is required for attending the Community Forums.

To register, Email corkstc@busconnects.ie with:

- Name;
- Name of group/association;
- State the Community Forum you wish to register for.

As stated above, pre-registration is required for attending the Community Forums and we would greatly appreciate your assistance in communicating these Forums to your local Community Groups.

If you have any queries, please email corkstc@busconnects.ie

BusConnects Cork Community Forums

Community Forum No.	Sustainable Transport Corridors	Date & Time	Location
1	A – Dunkettle to City B – Mayfield to City C – Blackpool to City	Tuesday 13 th September 6.30pm – 8pm	Mayfield GAA, Kerry Road, Mayfield, Cork, T23 D8HW
2	D – Hollyhill to City L – Sunday’s Well to Hollyhill	Friday 16 th September 6.30pm - 8pm	Terence MacSwiney Community College, Hollyhill, Knocknaheeny, Cork, T23 DY01
3	E – Ballincollig to City F – Bishopstown to City	Thursday 15 th September 7.30pm – 9pm	University College Cork (UCC), Boole Basement 3, College Road, Cork, T12 K8AF
4	G – Togher to City H – Airport Road to City K – Kinsale Road to Douglas	Monday 19 th September 6.30pm-8pm	Nemo Rangers GAA Club, Trabeg Sports Centre, South Douglas Road, Cork, T12 R2PC
5	I – Maryborough Hill to City J – Mahon to City	Wednesday 14 th September 6.30pm – 8pm	Rochestown Park Hotel, Rochestown Road, Douglas, Cork, T12 AKC8

Safeguarding PUBLIC AWARENESS campaign



**Keep control of your money
- Make an Enduring Power
of Attorney**

**Promoting the Rights of
Adults at Risk**
safeguardingireland.org

Safeguarding IRELAND

PUBLIC AWARENESS CAMPAIGN, Sept 12th

PLAN AHEAD – Make an Enduring Power of Attorney

Safeguarding Ireland will run a **public awareness campaign** on the week of September 12 to encourage better understanding and take up of an **Enduring Power of Attorney**.

	<p><u>ADULT SAFEGUARDING DAY 2022</u> Friday, November 11th After our September public awareness campaign, focus will shift to Adult Safeguarding Day 2022 which will take place on Friday, November 11.</p>
	<p>Webinar to launch new report: Unequal Chances, Inequalities in Mortality in the Republic of Ireland</p> <p>Registration now open! Report launch: 'Unequal Chances? Inequalities in Mortality in the Republic of Ireland'</p> <p>Thursday, 15 September at 11am Launch held via video conference</p> <p>The Institute of Public Health (IPH) commissioned the Economic and Social Research Institute (ESRI) to carry out this study on inequalities in mortality, focussing on the period between 2000 and 2019. This research is an important contribution to reducing health inequalities in Ireland and is a timely update to the Institute's 2001 report on 'Inequalities in Mortality: A Report on All-Ireland Mortality Data 1989-1998'.</p> <p>This new ESRI report considers socioeconomic determinants, such as, occupational status, but also, for the first time in Ireland, it examines how ethnicity, place of birth, or nationality, may have a bearing on mortality rates and inequalities.</p> <p>The webinar will take place from 11am on Thursday, 15th September and will include a range of speakers, a policy discussion, and a Q&A.</p> <p>To attend the webinar please register here</p>
 <p>An Ghníomhaireacht Tithíochta The Housing Agency</p>	<p>Save the Date - The Housing Agency's Annual Conference</p>  <p>An Ghníomhaireacht Tithíochta The Housing Agency</p> <div data-bbox="555 1512 1465 1881" style="background-color: #1a522a; color: white; padding: 20px; text-align: center;"> <p>Save the Date – The Housing Agency’s Annual Conference</p> <p>Date: Thursday the 24th of November 2022</p> <p>Time: 8.30am to 1.00pm</p> <p>Location: Tangent, First Floor, Trinity Business School, Pearse St. Dublin 2.</p> </div> <p>You are cordially invited to attend The Housing Agency's Annual Conference. The half day conference will focus on future-proofing the housing sector.</p>

The theme of the first session will be housing finance and building a sustainable financing model. The second session will focus on the topic of sustainable housing and reducing the climate impact of housing.

If you would like to attend this event, we request that you register your attendance using this [link](#).

Spaces are limited. Early registration is advisable.



World Alzheimer Month

WAM takes place from the 1st-30th September 2022. September is World Alzheimer month and World Alzheimer's Day is on **September 21st** each year. On this day, the world concentrates its efforts on creating awareness of dementia and we are encouraging everyone to take simple actions to support people with dementia and their families in their communities.

The theme this year is "Know Dementia, Know Alzheimer's". The international campaign will have a special focus on post-diagnostic support.

World Alzheimer's Month September 2022



This World Alzheimer's Month (WAM), the Dementia: Understand Together campaign is once again encouraging people and organisations to take simple actions to help raise awareness of dementia and highlight support for people with dementia and their families in their communities.



6 Simple actions

In addition to posting or sharing key messages for the month of September, we encourage you to take these 6 simple actions to help us create dementia inclusive communities across the country. Thank you.



See the person,
not the dementia



Talk about
dementia



Stay in
touch



Ask how you
can help



Support the person
to keep up hobbies
and interests



Make sure your
service or space
is easy to use

For more information on the Dementia: Understand Together Campaign, training and resources please visit www.understandtogether.ie

• Events

'Future of Value-Based Healthcare in Ireland' webinar on 15th September, 12:00 - 1:30pm

The third in this series, this webinar focuses on how Ireland can create more patient focused healthcare initiatives in the context of value-based healthcare.

This free to attend webinar is chaired by Business Post columnist and former Health Service Executive Director General, Tony O'Brien, and will explore how to ensure value-based healthcare initiatives are patient-centred.

Speakers include **Helen Rochford Brennan**, Global Dementia Ambassador and members of the Irish Dementia Working Group

You can register here

<https://events.zoom.us/j/91762812345>
https://events.zoom.us/ev/AIXqhGu9YlwfbzYwo6ZxG7mAMc_nmMfVX_XGuWPfcq-ECSB4FRMg~AggLXsr32QYFjq8BIYLZ5I06Dg?lmt=1660903303000&utm_source=Webinar+3+Email&utm_medium=Email+Banner

FAQ for Householders

When will the new regulations come into effect?

The current regulations and low smoke zones will continue until the new regulations come into effect; this is planned for the 31st of October 2022. You can check if you are currently in a low smoke zone using your Eircode at this [link](#).



Rialtas na hÉireann
Government of Ireland



comhairle chontae na mí
meath county council



How can I be sure that the solid fuels I buy are approved fuels?

Retailers and merchants will not be permitted to sell unapproved fuels. This means that you should only be able to purchase approved fuels. Local Authorities will be checking with retailers to ensure they comply with the regulations. You may be able to source unapproved fuels outside the State, however it is an offence to transport an unapproved fuel and multi-agency checkpoints will be held across the country to check vehicles. The packaging of approved solid fuels must be labelled with the words “contents comply with the Air Pollution Act Regulations”, and with the registration number issued to the fuel producer along with details of the product. There will be a transition period where some packaging will not carry the labelling, but the required information should be attached to the product or placed beside the product in the shop.

I still have some unapproved fuels left over from last winter. Can I burn these after the new regulations take effect?

The ban on burning was removed from the new regulations to allow householders to burn any unapproved fuel they may have in their homes purchased before the regulations come into effect. However, when these are used up, you will no longer be able to legally buy further supplies of unapproved fuels.

However, if the use of any solid fuels in your household is creating a significant level of air pollution causing a nuisance to your neighbours, you can be prosecuted by your Local Authority under the Air Pollution Act.

Can I buy solid fuels from suppliers based outside the State?

Yes, but the responsibility will lie with you to ensure that any solid fuels you order from any source outside the state comply with the new Regulations. Enforcement officers are permitted to stop vehicles and check if there are unapproved solid fuels on board. The onus is on the driver to prove the fuel is an approved fuel. It is an offence to transport non approved fuels and you may face prosecution if found guilty. V1 PUB 08 22 Householder 2.

Are firefighters and kindling covered by the regulations?

Firefighters and kindling are not subject to the regulations at this time as they are used for ignition only and not prolonged burning. However, fire logs and fire bags will be subject to the regulations.

What do the new regulations mean for turf?


The new regulations do not have any impact on turf cutting rights or the burning of turf. The new regulations will prohibit the sale of turf via online and other media, retail and public places. If you previously sourced turf via any of these channels you will no longer be permitted to do so. If you currently source turf from family, friends, neighbours outside of the channels mentioned above this can continue.

It is important to note that if the use of turf in your household is creating a significant level of air pollution and causing a nuisance to your neighbours, you can be prosecuted by your Local Authority under the Air Pollution Act.


My family and I hold turf-cutting rights. Can we continue to cut and burn turf?

Yes. The new regulations will not prohibit or restrict the cutting, burning and gifting of turf by those who hold traditional turf-cutting rights.

Have the new regulations increased the price of coal?
 No, the cost of some fuel products has recently increased due to the ongoing war in Ukraine and the impacts it is having on limiting supplies of fuels available on the market.



Irish Gerontological Society



IGS Public Lecture 3: “In Praise of Walking” with Professor Shane O’Mara

Public Lecture 3: "In Praise of Walking" by Professor Shane O'Mara

Date: September 15
Time: 3pm to 4.30pm
Venue: Online


The ‘In Praise of Walking’ Lecture will be delivered by Shane O'Mara, Professor of Experimental Brain Research (Personal Chair) at Trinity College, Dublin, and an expert on the benefits of walking. Joined by a diverse range of panelists, the lecture will be chaired by the President of the Irish Gerontological Society, Professor Rose Anne Kenny, and Deirdre Lang, Director of Nursing/National Lead Older Persons Services, Clinical & Integrated Programmes, Office of the Nursing & Midwifery Service Director (ONMSD).

Please submit questions prior to the lecture, and note that questions submitted prior to the event will receive priority.
 You can join the event live here on 15 September at 3pm:
<https://broadcastonline.ie/igs/>
 There is no need to pre-register.

- Note that this lecture will be recorded and will be available to view on the website shortly after the event.

For more information about the IGS go to <https://www.irishgerontology.com/>

Local Updates



Autumn Medley of Creativity

Older people in South Dublin County Council area are invited to a free morning of creative engagement in Clondalkin, with performances, information stands, dance, origami, meditation and more. Free event on 14th September from 11am to 2pm. Delivered by Creative Lives with support from the Age Friendly Programme and the Creative Ireland Programme.



**AUTUMN
MEDLEY OF
CREATIVITY**

**A DAY OF INSPIRING FREE CREATIVE
ENGAGEMENT FOR OLDER PEOPLE**

14TH SEPTEMBER 2022

The Round Tower, Clondalkin

**WORKSHOPS &
PERFORMANCES**  **INFORMATION &
EXHIBITIONS**

FIND OUT MORE HERE
WWW.CREATIVE-LIVES.ORG/MEDLEY



**John Johnston-Kehoe Book Launch in Ardkeen Library on the
13th September**

John Johnston-Kehoe would like to invite you to the launch of his new novel Who Am I? On Tuesday, September 13th at 11am in Ardkeen Library.

This is the story of British Army Sergeant Trevor Acton, present in Kilmainham Gaol in Easter Week 1916. An intriguing story, based on actual events and hidden in the Archives of the British Foreign Office, can now be told.

For more information on this launch, please click here:

<http://waterfordlibraries.ie/event/john-johnston-kehoe-book-launch-ardkeen-library/>

I would like to invite you to
the launch of my novel



*Who
Am I?*

John Johnston-Kehoe

on Tuesday,
September 13th
at 11.00am
in Ardkeen Library

This is the story
of British Army Sergeant
Trevor Acton, present in
Kilmainham Gaol in Easter Week 1916.

An intriguing story, based on actual events and
hidden in the Archives of the British Foreign
Office, can now be told.



Bunclody Library

The Ballinacoola Holy Well Project- a Talk by the Bunclody Traveller Women's Group Thursday 22nd September 7-8pm

Members of the Bunclody Traveller Women's Group will be talking about their recent restoration project of the Holy Well at Ballinacoola. Booking Essential. To book, please contact Bunclody Library at 053 9375466

An Introduction to Art History Thursday 15th September 7.30-8.30pm

Join Elaine Hoysted, art historian and librarian, for an introduction to art history. We will look at some of the world's most famous art works and explore what secrets they hold. Booking Essential, please contact Bunclody Library at 053 9375466

War of Independence and Civil War Walking Tour of Bunclody with Barry Lacey Saturday 24th September 11-12pm

Join Historian in Residence Barry Lacey as he explores Bunclody's history in both the War of Independence and Civil War periods. The walk lasts for approx. 1 hour and will be leaving from the entrance of Bunclody Town Library. Booking Essential, please contact Bunclody Library at 053 9375466. Please check in at the staff desk in the library when you arrive.



Positive Ageing Week with Sports Active Wexford
 26th Sept - 2nd Oct 2022






WHY NOT JOIN US FOR ONE OF OUR **FREE** EVENTS?
 IT'S NEVER TOO LATE TO GET ACTIVE!



**ACTIVATOR
 POLES,
 WEXFORD**

Tuesday 27th September:
 Activators, Min Ryan Park
 @ 11.30am
 Register at:
<https://bit.ly/3zh49Yb>



**ENNISCORTHY
 3 KM WALK**

Wed 28th September:
 Riverside Walk 3km
 @ 11.30am
 Register at:
<https://bit.ly/3zh49Yb>



**FERNS WALK
 & TALK**

Thurs 29th September:
 Walk & Talk tour of Ferns
 GAA Centre of Excellence
 @ 11am
 Register at:
<https://bit.ly/3zh49Yb>



**GOREY TOWN
 PARK WALK**

Thursday 29th September:
 Gorey Town Park walk
 Meet at car park
 entrance @ 10am
 Register at:
<https://bit.ly/3zh49Yb>



**ACTIVATOR POLES,
 RIVERCHAPEL**

Friday 30th September:
 Activators, Riverchapel
 Community Complex @ 10am
 Register at:
<https://bit.ly/3zh49Yb>



**ACTIVATOR POLES,
 NEW ROSS**

Saturday 1st October:
 Activators, New Ross
 Library Park @ 11am
 Register through the
 library on 051 421877



Open Day Digital Clinic



Comhairle Cathrach
Bhaile Átha Cliath
Dublin City Council



Central Library Digital Access Open Day Wednesday 21 September 11.00am-4.00pm

**Come along and find out about library
online resources and facilities in a friendly
and supportive setting**

- **Tour of Library Services scheduled on the hour**
- **Assistance in using our self-service kiosks**
- **No previous knowledge of online resources or library membership required**

For group bookings, please contact:

Tel.: 01 222 8300

E-mail: centrallibrary@dublincity.ie

**Leabharlanna
Libraries**



Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone.

Please email us your news to us at agefriendlyireland@meathcoco.ie for inclusion in our weekly newsletter.

International Updates



IFA Global Cafe | In Conversation with Prof. Claudia Trudel-Fitzgerald on “The Impact of Social Integration on Longevity and Healthy Ageing”



The International Federation on Ageing held a Global Cafe event this morning called: **In Conversation with Prof. Claudia Trudel-Fitzgerald on “The Impact of Social Integration on Longevity and Healthy Ageing”**

A recording of this event will be available on the Federation’s website <https://ifa.ngo/ifa-global-cafe/> and <https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**

Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday