

National Updates

Major Trauma Audit Webinar 14th September 2022

The Major Trauma Audit National Report 2019 and 2020 will be launched via webinar on Wednesday 14th September 2022. **This is a free event and will take place from 10.30am-12.45pm.**

This report focuses on a period of time when Ireland's health service underwent unprecedented challenges due to the global COVID-19 pandemic which began in 2020.

10.30	Dr Colm Henry, Chief Clinical Officer, HSE	Welcome Address
10.35	Professor Conor Deasy, Clinical Lead, Major Trauma Audit	LAUNCH: Major Trauma Audit National Report 2019 and 2020
10.50	Mr Keith Synnott, Clinical Lead, National Office for Trauma Services	Update on the Trauma System Reconfiguration
11.05	Richard Murray, Patient Representative	Patient Story
11.20	Louise Brent, Audit Manager, Major Trauma Audit & Irish Hip Fracture Database (Examples from Mater and Drogheda)	Setting up a hospital MTA Governance Committee and getting it right
11.40	Mark Harrington, National Programme Manager, Age Friendly Homes Ireland	Making our homes safer
11.55	Antoinette Edwards, Executive Director, Trauma Audit Research Network (TARN)	TARN data analytics the future
12.10	Dr George Peck, Chair, National Major Trauma Geriatrics Group, England	Trauma care for older persons
12.30	Dr Emer Ahern, National Clinical Advisor & Group Lead Older Persons, HSE	An update on the Orthogeriatric Clinical Guidelines for Older Trauma Patients & Closing Address

To register for the webinar, click on the link below:

[Register-for-launch-of-the-major-trauma-audit-national-report-2019-2020](#)



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Health Service Updates

COVID-19 and booster updates

HSE invites people aged 50 and over for their next COVID-19 booster vaccine. Boosters give protection against serious illness and increase your immunity. The HSE is now inviting people aged 50 years and older to make an appointment for their next COVID-19 booster dose.

To book your next booster, you can:

- [Book a booster appointment online at HSE vaccination clinics](#) – this is an easy and convenient way to get your booster by selecting a time and date that suits you
- Check with participating GPs and pharmacies

People aged 12- 49 with long term health conditions will be offered their second booster vaccine from next week and **Healthcare Workers** will be offered booster vaccines shortly.

For more information on your next COVID-19 booster, please visit www.hse.ie/covid19vaccine or call HSELive on 1800 700 700.

Mystery shoppers for Public Transport



B and A Research Company recruited some older people and people with disabilities to carry out mystery shops on Public Transport in June. 52 mystery shops were carried out on various public transport journeys nationwide some of which included members from AFI.

B and A are hoping to increase the number of Mystery Shoppers to 50 people to carry out shops in September/October. They are looking for applicants who cover a range of disabilities and different geographical areas. They offer payment to the Mystery Shoppers depending on the time spent and there will be on line training.

If you are interested in taking part, please contact Sarah@banda.ie.

There will be Community Forums on Bus Connects Cork Transport Corridors Public Consultation from Tuesday September 13, to Monday September 19, 2022 in Cork.

There are 5 Community Forums which combine the 12 corridors between them. This will allow information and feedback with local community groups, residents, disability user groups, business organisations along with public representatives. Pre-registration is required.

More information can be found here.

<https://busconnects.ie/cork/>

Global walking summit, Walk21, shares programme and speaker line-up for this year's conference 19-23 September 2022 in Dublin, Ireland

Walk21, the global walking summit previously held in Rotterdam, Hong Kong and Seoul, will take place this September 19-23 in Dublin, Ireland. The conference will bring together around 500 delegates and an incredible speaker line-up of over 60 experts including practitioners, academics, planners, politicians and citizens to celebrate the importance of walking and to re-imagine a world that is more liveable and sustainable.



Over five days, the packed programme will address this year's theme, ***The Decade to Change***, and will explore how supporting and encouraging walking can help deliver Sustainable Development Goal commitments by 2030. The programme incorporates plenary sessions and parallel workshops, led by global experts on high profile subjects including:

- Walking infrastructure/the built environment and accessibility
- Case studies from around the world
- Links between walking and wellbeing/mental health
- Relationships between transport providers and walking



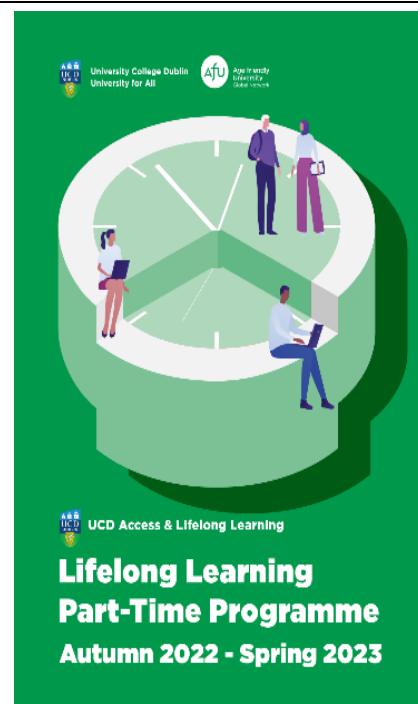
View the full programme at <http://walk21ireland.com/programme/> and follow #Walk21Ireland
In person and virtual delegate registration information is available at
<http://walk21ireland.com/registration/>
Speaker information is available at: <http://walk21ireland.com/meet-the-speakers/>

You can also get more information on our website
<https://agefriendlyireland.ie/news/global-walking-summit-walk21-shares-programme-and-speaker-line-up-for-this-years-conference-19-23-september-2022-in-dublin-ireland/>



Engage your imagination! Deepen your knowledge! Develop your understanding! Enhance your life!

Our UCD Lifelong Learning Programme is a series of courses that are participative, engaging, and facilitated by experts in their field. Lifelong Learning courses cover a broad range of topics including Languages, Art Appreciation, Irish Studies, History, Literature, Philosophy, and Writing. They are open to all adult learners regardless of previous educational experience and provide a unique opportunity to explore a subject without examinations. All courses are developed in collaboration with experienced tutors, and we encourage you to join us!



We're excited to have the opportunity to return to face-to-face teaching. In 2022-23, students will have the opportunity to take classes both online and in person.

Booking for Autumn is now open- click on the link below to find out more!
[UCD Access & Lifelong Learning](#)

If you prefer to book by phone, you can contact us on **01 716 7123**.

Lifelong Learning Bursary

UCD Access & Lifelong Learning is committed to providing an inclusive and welcoming environment on all of our programmes in order to make learning more accessible to everyone.

Our Lifelong Learning bursary provides places on any of our short-term, interest based Lifelong Learning courses in the academic year 2022-2023. Please note this bursary is means-tested. For more information please visit our [website](#).

Mental Health Commission News



Public Consultation

What do you think are the challenges facing Irish mental health services?

We are inviting all stakeholders to help us develop our strategic plan for the next five years. The strategy, our seventh, will cover the period 2023-2028.

As part of this process, it is critically important that we listen a broad range of voices who have some experience of engaging with the MHC.

We are anxious to ensure that our strategic intent and direction is both evidence-based and informed. “This will be a busy period where we will launch the Decision Support Service and expand regulation of the MHC into mental health community services,” said the Chief Executive of the Mental Health Commission, John Farrelly. “We wish to consult with all our key internal and external stakeholders to inform and identify strategic priorities that will lead our work over the next period. All inputs will help us to develop a deeper understanding of how the Mental Health Commission and the Decision Support Service is perceived, and what we need to focus on and aim to achieve over the next five years.” The survey, which should take no more than 10 minutes to complete, will close at **5pm on 20th September 2022**. Any queries about the survey can be directed to Shannon Scott shannon.scott@crowe.ie

All answers will be treated in confidence and will not be attributed to a particular person, group, or organisation.

***** Please note that if you are a panel member for Mental Health Tribunals or the Decision Support Service, you will receive a dedicated survey for you to complete via a separate communication *****

ExWell Weekly Zoom



Dear ExWell Participants and Friends,

We are delighted to resume our weekly participant Zoom meetings.

Please join us this week on **Friday Sep 2nd at 5pm**. We will be discussing shoulder pain. As usual, please share this email with anyone you feel might benefit from or enjoy hearing about ExWell.

The schedule is as follows

5.00 pm:	Welcome	
5.05 pm:	Shoulder Pain	<i>Dr Noel McCaffrey</i>
5.25 pm:	ExWell Updates	
5.35 pm	Q&A / Discussion.	<i>All</i>

The link for the meeting is

<https://us06web.zoom.us/j/86118116667?pwd=eVIZU1JzWkdJdDVremcvM0tETFhLQT09>



Advanced Digital Access Participation Project

New Digital Access for Key Heritage Sites

Wexford County Council's Access Section are delighted to inform of the launch of the 'Advanced Digital Access Participation Project' (ADAPP), an exciting pilot project which provides digital access to five key heritage sites across County Wexford.

Background

This project, through the creation of virtual tours and QR codes, ensures that five different heritage sites can be digitally accessed and visited by persons of all ages and abilities at any time, from the comfort of their own home. Physical access to heritage sites can be difficult given their very nature, environmental restrictions and the general topography of the site. However, this project now offers a solution by providing alternative access through digital means, such as your computer, mobile phone or tablet.

QR codes, which can be scanned using your mobile device, will also be located on signage at each site so that anyone physically visiting the site can get instant access to the virtual tour, and explore the areas that are not physically accessible or open to the public.

Virtual tours

Virtual tours are an online, interactive version of a physical tour of a site. Each virtual tour provides a full digital walkthrough of the heritage site, offering access to all areas of the site with information on the history and features of the site.

The tour includes tagged points of interest and narration by our very own Heritage Officer, providing interesting historical background and context to the site.

Narration is subtitled and communicated by an on-screen Irish Sign Language interpreter, offering greater accessibility for all to explore and learn about the history of the site.

Heritage sites with digital access

- St. Patrick's Church in Wexford Town
- Fethard Castle
- Enniscorthy Castle
- St. Mary's Church in Bannow
- Tulach a' tSolais at Oulart Hill.

To begin a virtual tour, simply choose a virtual tour on Wexford County Council's website and click on the link to begin. You can access this webpage directly by clicking on the following link:

<https://www.wexfordcoco.ie/disability-access-for-all/accessible-heritage/virtual-tours>)

A video about the pilot project, which includes brief introductions from Tom Enright, Chief Executive and Cllr. George Lawlor, Cathaoirleach, has been

produced which you can view here:
<https://www.youtube.com/watch?v=H1tfWIZkpUw>

The project is supported by the Disability Participation & Awareness Fund, an initiative of the Department of Children, Equality, Disability, Integration and Youth.



KWETB (Kildare & Wicklow Education & Training Board} FET (Further Education & Training) Digital Upskilling

Community groups can email the address given or contact me directly re: applying for training for their group.

Arklow Active Retirement are currently undergoing training in Arklow FETC, Tinahely will be starting shortly, and we have delivered courses to Wicklow Town Active Retirement & previously.

There is also an initiative being delivered through some of the secondary schools in Co. Wicklow called 121digital website www.121digital.ie

The TY students offer one to one training to older people, CCA in Kilcoole had this advertised on Wicklownews.net yesterday.

**BORD OIDEACHAIS AGUS OILIÚNA
CHILL DARÁ AGUS CHILL MHTÁIN
KILDARE AND WICKLOW
EDUCATION AND TRAINING BOARD**

Would you like to improve your digital skills?

Are you an older person or an Active Retirement Group wanting to digitally upskill?

KWETB offers **free** courses to help you stay connected digitally

For example:

- How to use your smartphone
- How to use a computer/tablet
- Accessing online services
- Using social media safely

Learn on your own device or on one that we can provide

Learn at your own pace with an experienced tutor in a friendly environment

Please contact your local KWETB Further Education and Training Centre:

Arklow FETC	0402 39680
Baltinglass & Blessington FETC	045 891 099
Bray FETC	01 276 1350
Carnew FETC	087 917 6508
Wicklow Town FETC	0404 64023

or email communityedwicklow@kwetb.ie



Friends of the Elderly Ireland



Friends of the Elderly is an award-winning charity with Nationwide services established now in Ireland for over 40 years. We are based at 25 Bolton Street, Dublin 1 and we offer a home visitation service and a friendly call service to people aged 60+, we also offer food hampers and a birthday celebration program. We have a large community hall where we have social events, cabarets, afternoon teas and celebrations. We also take events offsite to celebrate outside of Dublin and facilitate summer outings and trips away.

We take referrals from a wide range of people including social workers, community workers and HSE, and of course family and self-referral. We offer practical support to older people in need. There are five full time staff, two full time overseas interns, two CE workers and 250 volunteers. Some of the work is assisted by college students that want to take part in intergenerational projects and transition year students participating in the GAISCE President Awards program.

Friends of the Elderly have a satellite office in Dunboyne, we are also part of an International Federation and have wide support from across the Americas and Europe.

Our phone number for our services is 01 8731855. And referrals for services or volunteering should be directed to cody@friendsoftheelderly.ie

We receive no Government funding so services rely on donations and Corporate gifts to keep up and running. If you can donate at all, any amount will help, you can do so at our website: www.friendsoftheelderly.ie or by calling 018731855. Our Fundraising and Communications Manager is Deborah Costello and she can be contacted at deborah@friendsoftheelderly.ie.

Finally our Operations Manager is Bernie Curran : bernie@friendsoftheelderly.ie and myself and the team are always on hand to talk to an older person or a concerned family member regarding services we could possibly offer. Please don't hesitate to get in touch.

Friends
of the
Elderly
Ireland



Celebrating UNIDOP DAY 2022

Saturday 1st October
Newgrange Hotel Navan



Bunclody Traveller Women's Group

The following are Age Friendly events being run at Bunclody Library.

Creative Writing Masterclass For Adults with Best-Selling Author Caroline Busher

Thursday 8th September 7.30-8.30pm

Whether you are already writing a novel or want to know where to begin. Irish Times Best Selling author Caroline Busher, will give you her top tips for success. The workshop will consider the importance of setting, characterisation, plot, dialogue and how to build tension in writing. Participants will be given the opportunity to discuss their work and advice on getting their work published. Whether you are already writing a novel or want to know where to begin. Irish Times Best Selling author Caroline Busher, will give you her top tips for success. Booking essential as spaces are limited.

Get Started with eBooks, eAudiobooks & eMagazines
Saturday 17th September at 2.30-3.30pm



comhairle chontae na mí
meath county council



Cumann Lucht Bainistíochta Contae agus Cathrach
County and City Management Association

Do you want access to 1000s of eBooks, eAudiobooks & eMagazines? Why not pop into Bunclody Library on Saturday 17th September at 2.30pm to find out about our amazing Library apps BorrowBox and Libby, free with your library card and pin.

If you would like to bring your own device, library staff will be able to show you how to access these apps in a relaxed, informal session
Booking essential as places are limited.

The Ballinacoola Holy Well Project – a Talk by the Bunclody Women’s Traveller Group

Thursday 22nd September at 7-8pm

Members of the Bunclody Women’s Traveller Group will be talking about their restoration project of the Holy Well in Ballinacoola.

Booking essential.



Free Screening of the New Elvis Movie

The Kildare Age Friendly Programme invites anyone over the age of 55 to a free screening of the new Elvis movie at the ODEON Cinema Newbridge next Wednesday September 7th at 11 am.

KILDARE AGE FRIENDLY
INVITES YOU TO A FREE SCREENING FOR OVER 55S OF
Elvis
SEPT 7TH 2022 STARTS AT 11AM
BRING YOUR OWN GOODIES
@ODEON CINEMA NEWBRIDGE
CONTACT CARMEL ON 0877212966

The purpose of this event is to thank older citizens for contributing to recent age friendly consultations and to share important information on the Newbridge Local Transport Plan.

We can accommodate 200 people at this event and would love to see as many of you as possible. You can bring your own refreshments into the cinema on the day 🍷🍷🍷

If you wish to register a large group to attend, please contact Kildare Age Friendly Programme Manager Carmel Cashin on (087) 7212966 or ccashin@kildarecoco.ie.

Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone.

Please email us your news to us at agefriendlyireland@meathcoco.ie for inclusion in our weekly newsletter.

International Updates



IFA Global Cafe | In Conversation with Ms. Dina Hashish and Dr. Menna Shawkat on "Developing Supportive Platforms to Combat Social Isolation and Improve Quality of Life of Older People"

ifa GLOBAL CAFÉ
in conversation with experts

Developing Supportive Platforms to Combat Social Isolation and Improve Quality of Life of Older People

2 Sep 2022 7 a.m. EDT

Ms. Dina Hashish
Founder and Managing director
Golden Years Foundation

Dr. Menna Shawkat
Board of Trustee Member
Golden Years Foundation

The International Federation on Ageing held a Global Cafe event this morning called - **In Conversation with Ms. Dina Hashish and Dr. Menna Shawkat on "Developing Supportive Platforms to Combat Social Isolation and Improve Quality of Life of Older People"**

A recording of this event will be available on the Federation's website <https://ifa.ngo/ifa-global-cafe/> and <https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**

Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday