

National Updates



No new deaths from Covid-19 in 24 hours

The Chief Medical Officer Dr Tony Holohan announced yesterday evening that there had been no deaths of people with Covid-19 in the previous 24 hours. Dr Holohan said the fact that there had been no deaths over the previous 24 hours is "part of the downward trend" that has been seen.

On discussions around decreasing social distancing from two metres to one, Dr Holohan said "at the moment we think that two metres is a reasonable compromise given where we are". He said all the public health advice is under constant review and they will continue to look at it. The National Public Health Emergency Team will meet again on Thursday this week. He said the frequency of meetings is driven by the scale of work they have.



Advice for renters whose tenancies are affected by COVID-19 measures

Tenancies are being impacted by the current pandemic in a number of different ways. Making rent payments is not the only difficulty being faced by renters: those living in house-shares are also being impacted by self-isolation and social distancing requirements. You can contact Threshold if you need advice, need their help in contacting your landlord to protect your tenancy or engaging with the Department of Employment Affairs and Social Protection. Their helpline is open from 9am to 9pm, Monday to Friday and can be reached at **1800 454 454**. Alternatively you can contact them by email [here](#).

They have also created a dedicated freephone helpline to support workers in the hospitality sector impacted by the COVID19 pandemic. If you are worried about making rent payments, you can contact them for advice on **1800 778 899**.



Have you heard about MartEye?

MartEye was founded during COVID-19 to help Marts operate and sell livestock online. The goal was to create a product that would be affordable, easy to use and could be setup quickly. They consulted with Mart owners early on to establish their needs along with the needs of the Sellers and Buyers. MartEye is partnered with **AgriCam.ie** for the installation & maintenance of all hardware. See

below for the list of this week's markets. Check out the website [here](#)

MON	TUE	WED	THU	FRI	SAT
THURLES	TULLOW	ENNIS-CORTHY	BANDON	TULLOW	DOWRA
CASTLE ISLAND	BALLY JAMES DUFF	BALLY JAMES DUFF	BALLY-MAHON	SKIBB-EREEN	MACROOM
	ATHENRY	CASTLE ISLAND			
	ENNIS-CORTHY				

MIDLANDS DRIVE-IN MOVIES



Midlands Drive-in Movies

Midlands Drive-in Movies are delighted to confirm that they will be visiting the following venues in the coming weeks:

- Mullingar Equestrian Centre
- Leah Victoria Park, Tullamore
- Barack Obama Plaza, Moneygall
- Tipperary Town Plaza
- Athlone Springs Hotel
- Killeshin Hotel, Portlaoise
- Birr Airfield
- Kinnegad Plaza

Dates and times will follow soon in line with public health guidelines. Keep an eye on their [Facebook](#) and [Instagram](#) pages for updates.



Dublin Hurlers – Hurl for Hope

Well done to the Dublin hurling squads- from U14 to Senior - and led by the Minors, who took part in 'Hurl for Hope' on Saturday, May 16th - hitting half a million sliotars within an hour in the process. Building on the fundraising of other Dublin squads, this group of about 250 hurlers aimed to raise money for Pieta House, supporting their Darkness into Light campaign.

The players are very aware that mental health is particularly important during this period. As the majority of the population have been asked to stay indoors in the battle to 'flatten the curve', anxiety and depression along with other mental illnesses may have risen within our community. In organising this event each Minor player spoke to an Under 20 and a Senior player, making all the difference in knitting together player panels. In a similar way the players recognise the importance of lifting the phone and calling a friend, family member or an organisation like Pieta House, when you have worries or anxieties. To date they have raised €23,970 or their €25,000 target. You can donate [here](#)

Local Updates



CliffRun Media



Keeping Nursing Home Residents connected in County Meath

CliffRun Media, creator of the Age Friendly Smart Tablet, ACORN in collaboration with Meath Age Friendly Programme have kindly donated an ACORN Smart Tablet to St Elizabeth's Nursing home, Athboy which will give the residents an opportunity to see and speak with their families and friends. Pictured below are Aine Bird and Joan Carroll from Meath Age Friendly, CEO of CliffRun Media, Philip Hogan and owner of St Elizabeth's Nursing Home, Lucy Flynn Grillet.



"RAMS in Rhythm" in South Dublin

The **RAMS (Retired Active Men's Social)** are an active men's social group made up of retired men all from the South Dublin area. The '**RAMS in Rhythm**' are a musical group combined of some of these older men, who entertain, sing and perform in various venues across South Dublin. Since 2018 they have been raising money for four selected charities (Laura Lynne Foundation, Down Syndrome Kildare Branch, Capuchin Fathers and St Vincent de Paul) through the sale of their debut CD. This year they presented the various charities, with €2500 each.

Since the beginning of the pandemic they have been venturing out to their front gardens in Newcastle, South Dublin to sing and entertain their neighbours in the hope of lifting their spirits. They have a group of 17 singers but due to restrictions only six members have been able to join in. Most of their songs are country, ballads, and sing-a-longs. They even got some of the older women out line dancing on the road. One neighbour Paddy Brennan even recorded a [video](#). What a super way to keep busy and entertained while cocooning – well done RAMS in Rhythm, this is really great!



Heartbeat Killarney Kerry - Cardiac Support Group

Heartbeat Killarney Kerry is a voluntary Cardiac Support Group for those with heart disease or who have had a cardiac event or stroke in their lives. Run by heart patients and carers, its objective is to help people to return to living as full a life as possible. Membership is not limited to Kerry and they welcome anyone who feels like they might benefit from their support. Because of COVID19 they

have had to suspend their monthly meetings with specialist speakers, but they have been developing a new [website](#) which they are now using more and more. They are also on [Facebook](#), [Instagram](#) and [Twitter](#) and they have a monthly newsletter which you can sign up for [here](#). If you would like to join the group you can contact them on 085 1173910 or email heartbeatkillarneykerry@gmail.com. Many thanks to Billy O’Sullivan for sending us in this update.

Your Voice



We’ve heard about so much good work going on all around the country, please let us know what’s happening in your area so we can share those innovative ideas with everyone. Please email us your news to Rachel at rleavy@meathcoco.ie Information is one thing we can share right now!



Getting creative in Cavan

Ann O’Donoghue, member of **Cavan Older People’s Council** has also been getting the creative juices flowing during Covid19 by writing some gorgeous poetry. Thanks to Grainne Boyle from Cavan Age Friendly Programme for sending us in some of Ann’s Poems [There Will Be Time](#) & [Morning Dew](#). These are really lovely – well done Ann – keep them coming!

International Updates



Don't Look Back: Equity and Recovery in Public Space During COVID-19

Project for Public Spaces (PPS), a New York based, non-profit organisation dedicated to helping people create and sustain public spaces that build strong communities, are holding a webinar where an interdisciplinary panel of experts will discuss equitable development in recovery from the COVID19 pandemic, both social and economic. Key topics of discussion will include the relationship and reciprocity between private and public space, how different communities experience comfort, perceived safety and inclusion within the public realm, and priorities and best practices for policy change going forward.

The webinar will be held on **Thursday, May 28, 2020 at 12:00 – 1:00PM** and you can register [here](#). Check out their [website](#) for more info.



Human trials of potential coronavirus vaccine begin in Melbourne

Australia's first human trials of a potential COVID-19 vaccine have begun in Melbourne, with about 130 people involved in the program. Clinical research organisation Nucleus Network will be in charge of the early stages of testing the vaccine NVX-CoV2373, before the trial expands to Brisbane within a week. The participants are healthy people between 18 and 59 years old. Infectious diseases physician and microbiologist Paul Griffin said the trial was "the first critical step" to creating a potential safe vaccine against COVID-19. Read the full story [here](#)

Important Tips

Always have your **Eircode** close by in case of emergency. You can find your Eircode [here](#)

Perhaps keep a **daily diary** to record the people you are in contact with every day, so if you develop symptoms it will be easier to trace them

Coronavirus COVID-19



If you have fever and/or cough you should stay at home regardless of your travel or contact history.

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on [www.hse.ie](#)

How to Prevent

Wash Wash hands well and often to avoid contamination	Cover Cover mouth and nose with a tissue or elbow when coughing or sneezing and dispose and discard	Avoid Avoid cough, sneeze or mouth with unwashed hands	Clean Clean and disinfect frequently touched objects and surfaces	Stop Avoid handshakes or hugging when staying indoors greeting other people	Distance Avoid at least 2 metres (6 feet) away from other people, especially those who might be unwell

All people are advised to:

- Reduce social interactions
 - Keep a distance of 2m between you and other people
 - Do not shake hands or make close contact where possible
- If you have symptoms visit [hse.ie](#) QR phone HSE Live: 1850 24 1850

Symptoms

» Fever (High Temperature) » A Cough » Shortness of Breath » Breathing Difficulties

For daily updates visit

[www.gov.ie/health/covid-19](#)
[www.hse.ie](#)



Useful Contacts

Age Friendly Ireland Shared Service Office T: 046 9097413 E: rleavy@meathcoco.ie

HSE Advice Line: Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday

The following is the list of each **Local Authority's Helpline phone numbers**

Local Authority

Carlow County Council
Cavan County Council
Clare County Council
Cork City Council
Cork County Council
Donegal County Council
Dublin City Council
DLR County Council
Fingal County Council
Galway City Council

Community Response Number

1800 814 300
1800 300 404
1800 203 600
1800 222 226
1800 805 819
1800 928 982
01 222 8555
1800 804 535
1800 459 059
1800 400 150

Galway County Council	1800 928 894
Kerry County Council	1800 807 009
Kildare County Council	1800 300 174
Kilkenny County Council	1800 500 000
Laois County Council	1800 832 010
Leitrim County Council	1800 852 389
Limerick City and County Council	1800 832 005
Longford County Council	1800 300 122
Louth County Council	1800 805 817
Mayo County Council	094 906 4660
Meath County Council	1800 808 809
Monaghan County Council	1800 804 158
Offaly County Council	1800 818 181
Roscommon County Council	1800 200 727
Sligo County Council	1800 292 765
South Dublin County Council	1800 240519
Tipperary County Council	076 106 5000
Waterford City and County Council	1800 250 185
Westmeath County Council	1800 805 816
Wexford County Council	053 919 6000
Wicklow County Council	1800 868 399